

DO THE CHECK!

Are you sick or do
you need medical
help?

Where can you go with
your health complaints?

**MOET IK
NAAR DE
DOKTER?**



NEED A DOCTOR QUICKLY OR CAN IT WAIT?

The general practitioners, the
GP out-of-hours service and the
hospitals want all patients to
receive the right medical care
when they need it.

So ask your care question to the
right healthcare provider.

Use healthcare, with care!

Would you like to receive advice
without obligation on whether you
should go to the GP, out of hours
healthcare service or emergency
services with your health query?

You can find more information on the
following website:

www.moetiknaardedokter.be

CONTACT

ELZ Regio Aalst
info@elzregioaalst.be
Burchtstraat 10/11
9300 Aalst



EERSTELIJNSZONE
REGIO AALST



GENERAL PRACTITIONER (GP)

The general practitioner is your **first point of contact** for medical care.

You can go to your general practitioner for, among other things:

- Complaints such as (persistent) pain, breathing problems, skin problems, illness, etc.
- Chronic conditions (such as diabetes, high blood pressure, asthma) that require follow-up and monitoring.
- Preventive care, such as vaccinations.



OUT OF HOURS CARE

You can go to the out of hours healthcare service with medical problems. A few **conditions** apply:

- Your problem is unexpected and not plannable.
- You cannot wait until you can see your own
- GP (or his/her replacement).
- Your problem is not life-threatening.

BY APPOINTMENT ONLY

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EMERGENCY SERVICES

For **unplanned urgent medical problems** such as:

- unconsciousness
- chest pain
- paralysis
- shortness of breath,
- severe blood loss
- All medical problems that can be potentially life-threatening.

DO YOU NEED URGENT MEDICAL ASSISTANCE?

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Explain calmly:

- Where you are
- What happened
- If there are any injuries